



REIKI CLIENT INTAKE FORM

Please review, read, sign/initial, complete this form and return it to Radiant Waves Reiki via email: assistant@radiantwaves.net before your session. Please do not hesitate to contact Radiant Waves Reiki if you have any questions.

Date: _____

Client Name: _____

Email Address: _____

Email information is used for administrative purposes only. If you wish to opt-out, please send an email to: privacy@radiantwaves.net

Phone: _____
Address: _____
City: _____
State: _____
Zip: _____
Country: _____

Emergency Contact Name: _____
Emergency Contact Info.: _____
First Reiki session? **Y or N:** _____
If no, date of last session? _____
Are you:
Sensitive to perfumes? _____
Sensitive to touch? _____

Client Acknowledgement:

I understand that Reiki is a simple, gentle, hands-on energy technique that is used for stress reduction and relaxation. I understand that Reiki practitioners do not diagnose conditions nor do they prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional. I understand that Reiki does not take the place of medical care. It is recommended that I see a licensed physician or licensed health care professional for any physical or psychological ailment I may have. I understand that Reiki can complement any medical or psychological care I may be receiving.

Signed: _____ **Date:** _____

PLEASE INITIAL the following statements:

- (1) I give **Rupal Sankalia** permission to administer Reiki using touch. _____
- (2) The Reiki System of Natural Healing is classified as spiritual healing. The Reiki System of Natural Healing does NOT take the place of medical treatments or advice. I understand that there are no claims or guarantees of healing or curing disease. _____

Privacy Notice: No information about any client will be discussed or shared with any third party without written consent of the client or parent/guardian, if the client is under 18 years.



Client

Name: _____

General Intake Questions: The following pages include questions about your health and state of well-being, as well as offer explanation of techniques that may be used in your session.

Any and all information given is confidential, and is only for **Rupal's** use in preparing for your session.

It is your choice whether you answer these questions or not; however, the more informed **Rupal** is, the more she can fully guide the Reiki transmission and choose the best techniques to support you and your unique needs during your session.

As your Reiki practitioner, **Rupal** does **NOT** diagnose or prescribe, and any information you provide will **NOT** be used to diagnose or prescribe.



What, if any, health concerns are you currently receiving treatment or medication for?

What areas of your body tend to hold tension or stress?

Have you sustained any injuries? Did they require medical attention or surgery?



Client

Name: _____

Do you have any chronic conditions?

Are you receiving any other forms of treatment from holistic or health care professionals?
(e.g., acupuncture, herbs, homeopathy, prescription drugs, supplements, psychotherapy, nutrition program, etc.)

Are there any goals you are currently focused on achieving? Are there any challenges you are experiencing around manifesting what you would like to achieve?

Is there anything you would like to change about your current life circumstances? Or, are you already experiencing a change and need some support with specific challenges regarding this time of transition?



Name: _____

Client

TECHNIQUES THAT CAN BE USED DURING YOUR REIKI TREATMENT

Please check any of the following that you might be interested in making a part of your session.

Feel free to ask any questions about these techniques and their application. Rupal will also discuss your choices with you at the beginning of your session.

- Affirmation Technique:** Creates positive thought forms and positive thought flow to counter-balance “negative” thought patterns or tendencies.
- Habit-Healing Technique:** Supports the cessation of habits, such as smoking, overeating, etc.
NOTE: This technique will be most effective if you receive regular sessions; or is in conjunction with a recovery program, hypnotherapy, psychotherapy, or medical treatment.
- Technique for Behavioral Patterns and Addictions:** Supports change in repetitive patterns of behaviors and addiction. *NOTE: This technique will be most effective if you receive regular sessions; or is in conjunction with a recovery program, hypnotherapy, psychotherapy, or medical treatment.*
- Healing to the Past:** Supports healing of past trauma, conflicts, etc. You will not be re-living the past. Reiki is simply sent to the past to release how it is affecting you in the present and to support your healing process now.
- Reiki to the Future:** Supports projects, goals, anticipated challenges and concerns. This includes meetings, auditions, interviews, looking for a job, surgery, and much more.
- Tanden Treatment:** Strengthens will power, grounding, and vitality, both physically and emotionally.
- Detoxification:** Detox and cleanse the physical system, as well as releasing and transforming negative or toxic emotions.
- Sending Reiki to the source of an illness** is a healing technique that can be used whether or not the source of an illness is actually known.
- Chakra Balancing:** Balances the 12 major energy centers on mental/emotional levels, and the endocrine system on the physical level.
- Aura Layer Repair and Reorganization:** Addresses deeper levels of healing that include trauma, past lives, stagnation, deeply held patterns, behaviors and reactions, loss and grief, psychic or emotional overwhelm.
- Esoteric Healing:** Transforms and deepens effects of all other techniques with color, light, holograms, and the guidance of spiritual hierarchies to bring more soul-infused energy into your heart, mind and body.

Rupal also uses verbal communication skills combined with intuitive awareness to guide you in discovering your own inner wisdom and connection between the heart, mind and body.

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**MODES OF TOUCH or APPLICATION TECHNIQUES that may be used during your Reiki session. →Initial: \_\_\_\_\_**

- Hands on, off or above the body
- Brushing
- Smoothing
- Tapping
- Transmission of Reiki through eyes and breath
- Whole hand, or fingers (individually or gathered together)